

SINGLE STROKE FORMS WITH PROVERBS COPYWORK

learning

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**HAND LETTERING**

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with copywork

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# HAND LETTERING

*with Proverbs Copywork*

## LETTER FORMS

TALL THIN 

 TRIPLE

 SQUARE

SQUAT 

DOUBLE  
 SQUAT

## LETTER FORMS

- **Tall & Thin:** 2 boxes high, no space between.
- **Triple Tall:** 3 boxes high, no space between.
- **Square:** 2 wide and 2 high, 1 space between.
- **Squat:** 1 wide and 1 high, 1 space between.
- **Double Squat:** 2 wide x 1 high, no space between. (*Note: my double squat font doesn't quite match the goal! You can experiment.*)

*Mix and Match when you master these!*

## HOW TO LEARN THESE HAND LETTERING FORMS

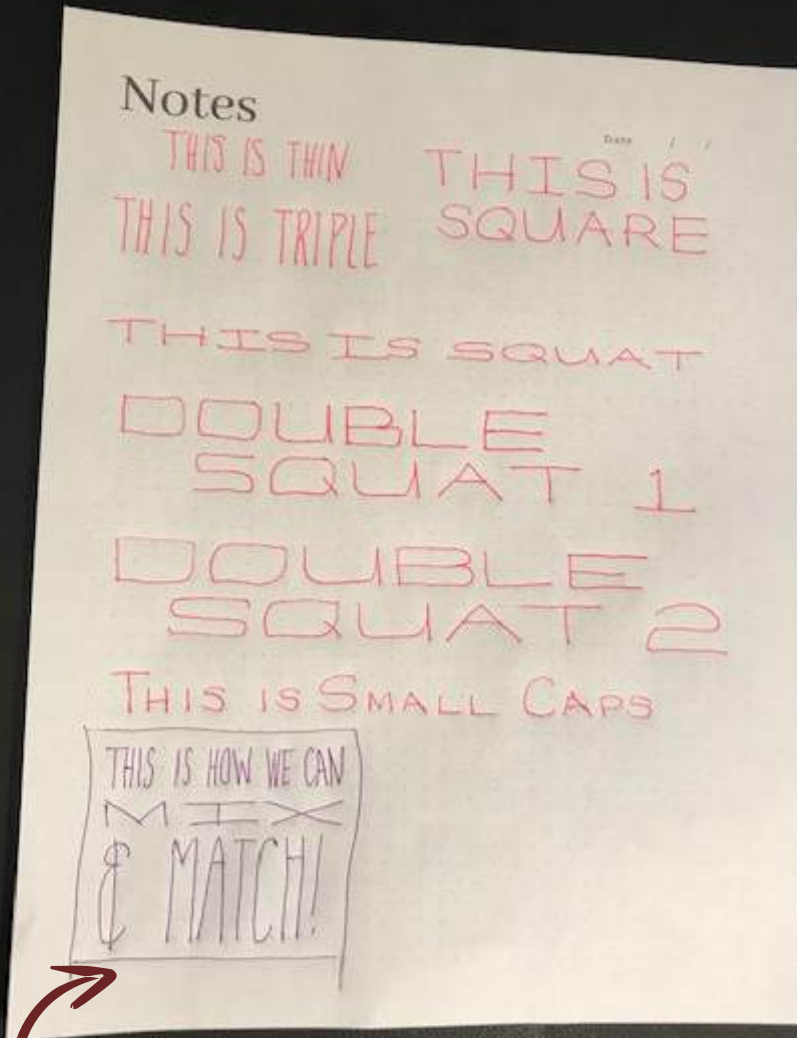
### DIRECTIONS FOR EACH FORM

1. Slowly and carefully complete the copywork mimicking the new letter form.
2. Pay particular attention to starting and stopping points.
  - Are you starting and ending on the line?
3. Notice the midlines of your letters (like the crossbar on the “H” or the turning point on the “S”).
  - Are they on the midlines?
4. Pay attention to your letter width.
  - Most letters should have a consistent width, but skinny letters like “I” sometimes can get less.
5. Leave an even space between letters.
  - A dot square is sometimes a good space.
6. Practice each piece of copywork until you are comfortable “free handing” the form on any content.

### TIPS

- The dot grid is underneath the dotted midline guides. Use both to make your letters - the guidelines for height and the dot grid for width.
- Once learned, you can exaggerate any of the forms. Be as consistent as possible with uniform spacing, heights, and widths within each style.

# LETTER FORM SAMPLES



## LETTER FORMS

TALL THIN □

□ TRIPLE

□ SQUARE

**SQUAT** □

DOUBLE  
□ SQUAT

**actual vs. goal**  
**COMPARE**

# LETTER FORMS

TALL THIN 

 TRIIPLE

 SQUARE

**SQUAT** 

DOUBLE  
 SQUAT

# HAND LETTERING: TALL & THIN

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PROVERBS 15:1 A SOFT ANSWER TURNS AWAY WRATH,  
BUT A HARSH WORD STIRS UP ANGER.



NOTICE:  
The "A" has a  
low crossbar

PROVERBS 18:19 A BROTHER OFFENDED IS HARDER TO BE  
WON THAN A STRONG CITY: AND CONTENTIONS ARE LIKE  
THE BARS OF A CASTLE.

PROVERBS 26:11 AS A DOG RETURNS TO HIS VOMIT, SO A  
FOOL RETURNS TO HIS FOLLY.

# HAND LETTERING: TRIPLE TALL

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PROVERBS 25:28 HE WHO HAS NO RULE

OVER HIS OWN SPIRIT IS LIKE A BROKEN

DOWN CITY WITHOUT A WALL.

- NOTICE:**
- The curve on the top of the "A"
  - Reverse slant on the "N"
  - Lower third crossbar on "P" and "R"

PRO 27:17 IRON SHARPENS IRON; SO A MAN  
SHARPENS THE COUNTENANCE OF HIS FRIEND.

# HAND LETTERING: SQUARE

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IN THE MULTITUDE OF  
WORDS, SIN IS NOT  
LACKING; BUT HE WHO  
HOLDS BACK HIS LIPS IS  
WISE.

PROVERBS 10:19



# HAND LETTERING: SQUARE

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PLEASANT WORDS ARE  
AS AN HONEYCOMB,  
SWEET TO THE SOUL,  
AND HEALTH TO THE  
BONES.

PROVERBS 16:24

# HAND LETTERING: DOUBLE SQUAT

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KEEP YOUR  
HEART WITH ALL  
DILIGENCE, FOR  
FROM IT FLOW  
THE SPRINGS OF  
LIFE.

PROVERBS 4:23

# HAND LETTERING: SQUAT

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**HE THAT WALKS WITH  
WISE MEN SHALL BE WISE:  
BUT A COMPANION OF  
FOOLS SHALL BE  
DESTROYED.**

PROVERBS 13:20

**THE GLORY OF YOUNG MEN  
IS THEIR STRENGTH; AND  
THE BEAUTY OF OLD MEN  
IS THE GRAY HEAD.**

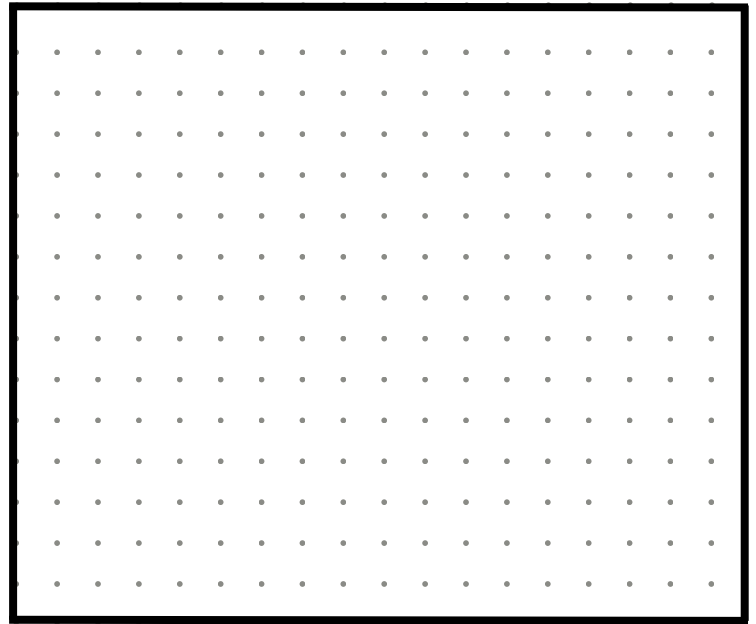
PROVERBS 20:29

# HAND LETTERING: MIX IT UP

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GO UNTO THE ANT  
**O SLUGGARD**  
SEE HER WAYS  
AND BE WISE

PROVERBS 6:6



**DO YOU**  
SEE A MAN  
**HASTY**

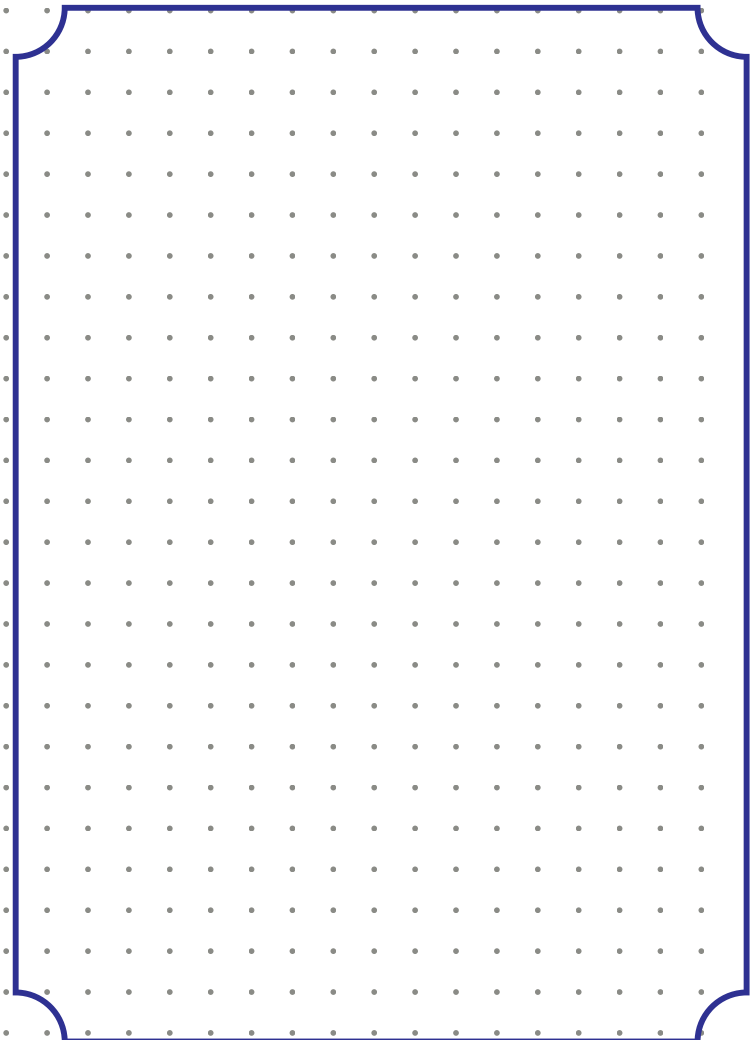
IN HIS WORDS?

THERE IS MORE

HOPE FOR A FOOL THAN

**FOR HIM**

PROVERBS 29:20



# HAND LETTERING: BLANK 1

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Handwriting practice lines consisting of 20 rows. Each row is defined by a solid top line, a dashed middle line, and a solid bottom line. Small dots are placed along each line to guide letter height and placement.

\*Use for Tall Thin & Square\*

# HAND LETTERING: BLANK 2

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Handwriting practice lines consisting of multiple rows. Each row includes a solid top line, a dashed middle line, and a dotted bottom line, providing a guide for letter height and placement.

\*Use for Triple\*

# HAND LETTERING: BLANK 3

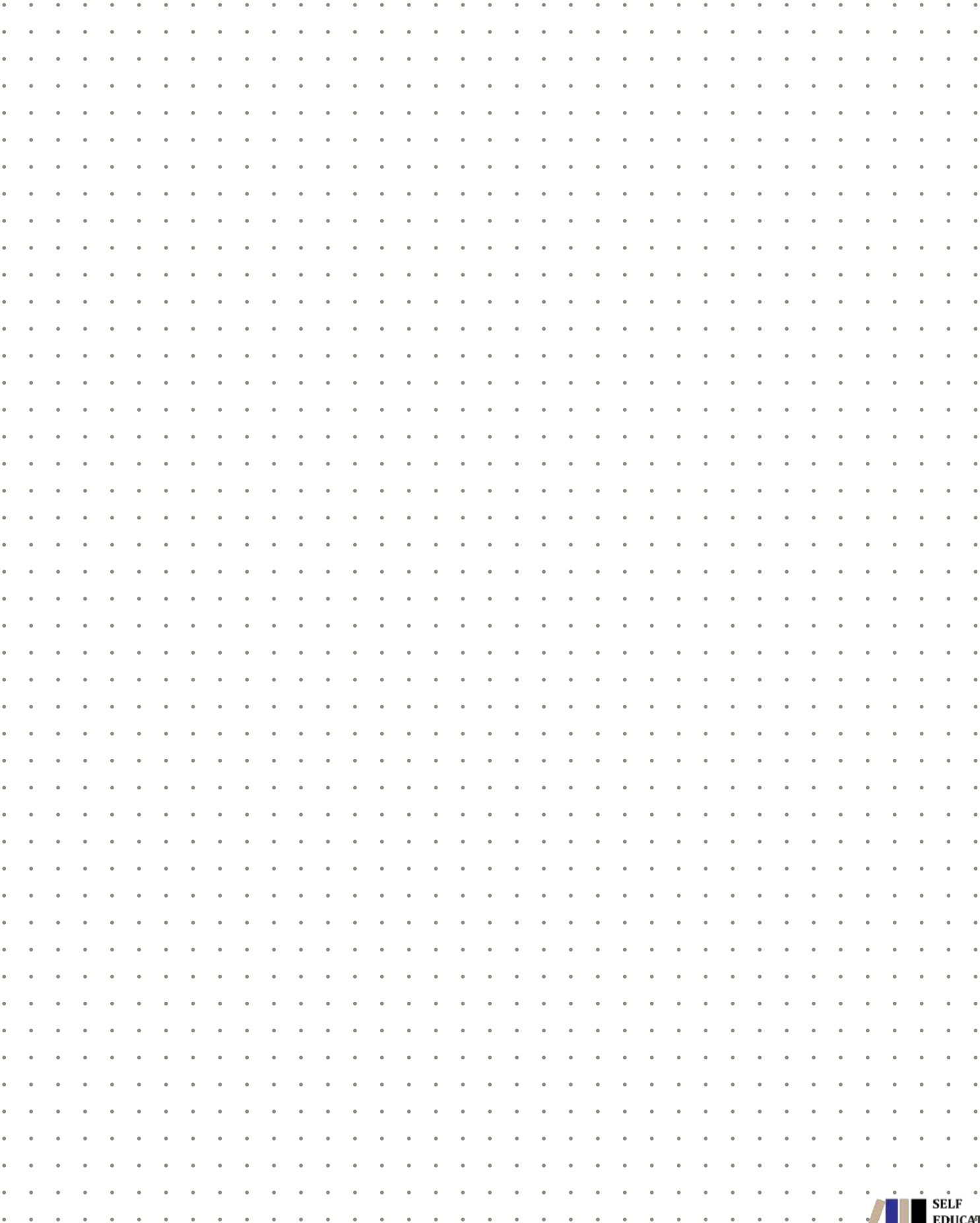
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Handwriting practice lines consisting of multiple rows of three horizontal lines (top, middle, bottom) with a dashed red line in the middle. Each row is intended for practicing letter formation.

\*Use for Squat\*

# HAND LETTERING: BLANK DOTS

by [selfeducatingfamily.com](http://selfeducatingfamily.com)







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THANK YOU

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— [jean @ selfeducatingfamily.com](mailto:jean@selfeducatingfamily.com) —

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